

## Philosophy:

- ◆ To give every child the ability to reach their ultimate potential.
- ◆ To work with each child on an individual basis
- ◆ To create well rounded athletes.
- ◆ To give children direction, desire & determination to become successful adults in all walks of life

## Pre-Team:

This group is designed for beginning and intermediate divers. They will compete locally, or can choose to be non-competitive.

## Team:

This group is for Country Club, High School, Former Gymnasts or anyone who wants to be a competitive diver. This team will compete on the Local, Regional and National Level preparing all divers for the opportunity to compete on the University Level.

## Elite:

This group is for the divers who want to be Nationally and Internationally ranked. This group will compete locally, nationally & internationally based on performance. Home-schooling required.

## Schedule & Tuition

### Pre-Team

**\$200**

Your choice of two of the following days:

Tuesday, Thursday, Friday 4:30-9pm

Saturday 12-4pm

### Team

**\$270**

All four days

Tuesday, Thursday, Friday 4:30-9pm

Saturday 12-4pm

### Elite

See front desk for information

## Payment requirements

There are no refunds of any kind.

There is an annual registration fee when you sign up. Bronze package- \$40 a year, must repay if you leave for a month or longer within that year and come back.

Silver Package- \$60 a year, do not have to repay if you take months off and return during that year.

Gold Package- \$100, lifetime fee. Never pay registration again at PDA!

Tuition is due by the 1st of every month. If a diver stops and returns they must reactivate membership fee.

Tuition not in by the start of the 2nd week will result in diver not being allowed to train until tuition is paid.

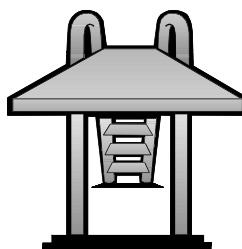
A **\$15 fee** will be charged for any bounced checks. On 2nd bounced check tuition will have to be paid in cash.

Makeup classes will be held on request.

**10% discount for families  
with 2 or more divers**

**Travel**- To all local competitions there will be a coaches deck fee \$35-\$50 per day of diving depending on amount of divers attending competition. To all out of State competitions there will be a deck fee as well as coaches fee that will be divided among the divers attending to offset the cost of the coaches expenses. These fees must be paid *prior to leaving* for the competition. All meet entries are paid through pda.

**Visit our web site at:  
[pdausa.net](http://pdausa.net)**



# Coaching Staff

*PDA:*

## Team and Pre-Team Coaches

### **Chris Boyd:**

Chris started diving at the age of 5 in 1979, A Las Vegas native, he dove for his father coach Gary Boyd. He competed for 15 years qualifying for Zone D championships. Chris started coaching in 1997. In 1997 he was also awarded the head coaching position at UNLV and was there until 2000. Chris has been with the PDA Team program producing high level divers at the high school and Junior Olympic level.

### **Lisa Treguboff:**

Lisa was born in California in 1981. She started gymnastics at the age of 5 then went into diving at the age of 11; she has 10 years in diving. She started diving with PDA in Oct. 05 in the masters program. Currently Lisa is the coach at Biola University. Lisa also has extensive background with Chinese diving training and has spent time overseas learning the Chinese system.

## Elite Coaches

### **Andy Kwan:**

Founder of PDA. 1984 Olympian, 7 year Taiwanese National Team Coach, 2 time USA National Team Coach, head coach for 2 years for UCLA. Andy has produce several International and National diving champions.

### **Amy Kwan:**

Founder of PDA. A former USC collegiate diver, Junior National Team coach, several Junior National champions, NCAA diving judge, Fina judge, Olympic Trials judge. Amy has brought her gymnastics background, diving background, and education background to produce championship divers.



**PDA USA**

### **Dry-land Center is located at:**

15064 Shoemaker Ave  
Santa Fe Springs, CA 90670  
562-229-1927

### **Water training is located at:**

Cerritos Olympic Swim Center  
13150 E. 166th St.  
Cerritos, CA 90703

Web: [pdausa.net](http://pdausa.net)